

Linda Allred's (50 Word) Bio

Linda Allred, The Bad Habit/Belief Breaker, is a renowned personal development expert, two-time bestselling author, and captivating speaker. With over three decades of experience and a Bachelor's in clinical Hypnotherapy, and currently completing her M.A. degree in Counseling Psychology at St. John's University of Southern California, Linda empowers individuals worldwide to overcome obstacles and embrace happiness. Contact: linda@lindaallred.com, 225-275-2451, LindaAllred.com.

Linda Allred's (100 word) Bio

Linda Allred, renowned as The Bad Habit/Belief Breaker, is a seasoned personal development expert, celebrated for helping individuals and groups overcome obstacles hindering their true potential. As a two-time bestselling author and captivating speaker, Linda's debut book, "Answering The Call," soared to #1 Best-Seller status on Amazon. It inspired readers to break free from limiting beliefs.

Her subsequent bestseller, "Journey To The Stage," empowers individuals to unleash their voice and command attention. With over three decades of experience and a Bachelor of Science in Clinical Hypnotherapy, and currently completing her M.A. degree in Counseling Psychology at St. John's University of Southern California, Linda integrates cutting-edge techniques to deliver transformative results.

As a Certified MindSonix Practitioner Expert, Linda empowers individuals worldwide to embrace happiness, health, and fulfillment. To explore Linda's programs and invite her to your Podcast, contact: Email: linda@lindaallred.com Phone: 225-275-2451 Website: LindaAllred.com

Linda Allred's (Full) Bio

Linda Allred, acclaimed as The Bad Habit/Belief Breaker, is a renowned figure in personal development. She is renowned for her expertise in assisting individuals and groups in overcoming the barriers preventing them from realizing their full potential.

With a rich tapestry of experience and knowledge, Linda is celebrated as a two-time bestselling author, captivating speaker, and transformative practitioner. Her debut work, "Answering The Call," swiftly ascended to the

coveted #1 Best-Seller status on Amazon in two categories: "Marketing" and "Marketing for Small Businesses." This compelling narrative chronicles Linda's journey from adversity to triumph, inspiring readers to liberate themselves from limiting beliefs and embrace their inherent greatness.

Her subsequent bestseller, "Journey To The Stage," unveils the secrets to commanding attention and unleashing the power of one's voice. Linda is currently crafting her eagerly anticipated third book, "Journey to Lasting Happiness," which is slated for release in August 2024. This forthcoming masterpiece promises to be a transformative guide to living a healthy, prosperous, and joyful life.

Linda's contributions to personal development have earned her prestigious accolades, including a Quilly™ Award in Hollywood, CA, in September 2014. Her impactful presentations have enthralled audiences alongside luminaries such as Mark Victor Hansen, Lisa Sasevich, and Peter Diamandis.

Armed with a Bachelor of Science degree in Clinical Hypnotherapy and currently completing her M.A. degree in Counseling Psychology at St. John's University of Southern California, Linda brings over three decades of passionate practice to her work by seamlessly integrating the latest advancements in science, spirituality, and psychology. Her holistic approach yields remarkable, enduring results for her clients. Certifications from the esteemed National Guild of Hypnotists, and the International Medical and Dental Hypnotherapy Association further underpin Linda's expertise.

In 2010, Linda broadened her horizons by becoming a Certified MindSonix Practitioner Expert, distinguishing her as one of the select few in the USA certified in this transformative belief-change science. By integrating kinesiology, known as muscle testing, Linda empowers individuals to effect profound mindset shifts, guiding them toward lives of happiness, health, and fulfillment.

Through her unwavering dedication and transformative methodologies, Linda Allred continues to empower individuals worldwide to unlock their inner greatness and live their best lives.

To arrange for Linda to speak on your Podcast and to explore her books and programs, please contact: Email: linda@lindaallred.com Phone: 225-275-2451 Website: LindaAllred.com